



## Darren Kanthal, PCC, CPCC, PHR

Professional Leadership and Career Coach  
Outdoors adventurer, live music lover, dog dad, New Yorker at heart  
20+ years of experience in HR and Talent Acquisition

*"Intensely passionate about helping mid-career leaders cut through the BS and achieve their greatness."*

### BIO

Darren Kanthal is an outdoors adventurer, live music lover, dog dad, New Yorker at heart, and professional leadership and career coach. With 20+ years of experience in HR and Talent Acquisition, Darren's credible, real-life experience creates exceptional results for his clients. He is intensely passionate about coaching mid-career leaders to cut through the BS, do the foundational work, and achieve their greatness. His leadership coaching helps clients look holistically at their careers, using values-driven action plans.

Darren is a Certified Professional Coach (PCC) and is also certified as a CPCC (Co-Active Professional Coach Certification), CPQC (Certified Positive Intelligence Coach), DiSC certified, and PHR Certified (Professional in Human Resources).

A sought-after speaker, Darren has been the Keynote at Mile High SHRM, and spoken at many conferences, including the APPA (American Public Power Association) Business and Financial Conference, and the School of Mines University. Darren brings his down-to-earth and compassionate style to his presentations, including his podcast and media appearances on The Who Ya Know Show, Coffee With Coaches, The Workplace Innovator podcast, and many others.

Darren lives with his life partner Rachel her two kids, and his beloved dog Marvin, in Denver, Colorado. He is an avid mountain biker and snowboarder and loves adventuring outdoors and seeing live music.

### RESOURCES

Website [The Kanthal Group](#)

Video [Darren Kanthal Promo Reel](#)

Video [Core Values Assessment - The Kanthal Group](#)

Video [The Who Ya Know Show](#)

Podcast [The Remarkable Coach](#)

Podcast [Coffee With Coaches](#)

Podcast [Workplace Innovator Podcast](#)

### SPEAKER INTRODUCTION

Darren Kanthal is an outdoors adventurer, live music lover, dog dad, New Yorker at heart, and professional leadership and career coach. With 20+ years of experience in HR and Talent Acquisition, Darren's credible, real-life experience creates exceptional results for his clients. Darren is intensely passionate about helping mid-career leaders cut through the BS, do the foundational work, and achieve their greatness by helping clients look holistically at their careers using values-driven action plans.

Contact Darren

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